



MAVALA
INTERNATIONAL
TRAINING SCHOOL

PROSPECTUS 2019

MAVALA
SWITZERLAND

www.mavala.co.uk

WELCOME TO THE MAVALA INTERNATIONAL TRAINING SCHOOL

MAVALA are well known for their quality products for nails, hands, feet, skin care and cosmetics. This expertise is now accessible to everyone wishing to develop their skills in the beauty business when they attend the MAVALA International Training School based in Sevenoaks in Kent.

The courses available include:

- ❖ ONE WEEK INTERNATIONAL DIPLOMA MANICURE COURSE
- ❖ THREE DAY SWISS SKINCARE SOLUTION FACIAL MASSAGE CERTIFICATE COURSE
- ❖ TWO DAY PEDICURE CERTIFICATE COURSE

In addition, MAVALA offers one-day courses to develop product knowledge. This includes:

- ❖ NAIL CARE PRODUCT KNOWLEDGE DAY
- ❖ FOOT CARE PRODUCT KNOWLEDGE DAY

The MAVALA International Training School is registered with City & Guilds and accredited by the Guild of Professional Beauty Therapists. The courses are run by our Principal, Jenny Wiles (F.BABTAC), a highly qualified instructor with many years of experience in the beauty industry and with MAVALA.



ONE WEEK INTERNATIONAL DIPLOMA MANICURE COURSE

Hours: 9.15am – 5.00pm with 30 minute lunch break
35 hours tuition with approximately 2 hours homework per night

Theory subjects studied:

Health and Hygiene

- Disorders and Diseases
- Sanitation and Sterilisation

Anatomy and Physiology

- Structure of the Nail
- Bones of Hands and Feet
- Muscles of Hands and Feet
- Blood Supply of Hands and Feet

Consultation

- Contra Indications
- Medical History
- Lifestyle
- Treatment Plan
- Colour Co-ordination
- After Care

Health and Safety

- Relating to Beauty Salons / Mobiles / Home Therapists

Cosmetic Science

- Relating to Beauty Products
- Product Knowledge

Business Studies

- Relating to Beauty Salons / Mobiles / Home Therapists

All practical work is performed on clients. The school is run as a salon with students expected to respond to clients accordingly. This includes consultations, reception, retailing, booking appointments and general care of the clients. Upkeep of the school is also the responsibility of the students on the course.



ONE WEEK INTERNATIONAL DIPLOMA MANICURE COURSE

PRACTICAL SUBJECTS STUDIED:

- Nail shaping
- Cuticle work
- Hand and arm massage
- Hand mask
- Treatments for specific nail conditions
- Buffing
- Enamel application
- Colour coordination
- French manicure



At the end of the course you will sit theory and practical examinations to qualify for the MAVALA International Diploma. These examinations are held on the third Monday following the end of the course, so you have two weeks to revise and practise your practical and theoretical knowledge. Successful completion then allows you to apply to join the Guild of Professional Beauty Therapists, membership of which includes insurance cover for manicure and pedicure.

A complete MAVALA Professional Manicure Tray containing all the products you need plus a manicure apron are included in the price of the course along with all the necessary literature.

TWO DAY DIPLOMA PEDICURE COURSE

(available only to those who hold a recognised MANICURE DIPLOMA)

Hours: 9.30am – 5.00pm with 30 minute lunch break
14 hours tuition with approximately 1 hour's homework

Update or learn pedicure techniques to achieve the best possible results with MAVALA Professional products. Certificate of attendance awarded at the end of the course.

Course subjects include:

- Contra-indications
- Shaping
- Exfoliation
- Cuticle work
- Foot and leg massage
- Enamel application
- Colour co-ordination



THREE DAY SWISS SKINCARE SOLUTION FACIAL MASSAGE CERTIFICATE COURSE

(available only to those who hold a recognised anatomy, physiology and massage diploma)

Hours: 9.30am – 5.00pm with 30 minute lunch break
21 hours tuition with approximately 1 hour's homework per night

Course subjects include:

- Structure of the skin
- Skin diagnosis
- Contra-indications
- Classification of massage movements
- Effects of massage
- Product knowledge to allow students to obtain the best results with Swiss Skincare Solution

Practical massage is performed initially on dummy heads and then on clients. The school is run as a salon with students expected to respond accordingly. This includes reception duties, consultations, retailing, booking appointments and general care of the clients.

Upkeep of the school is also the responsibility of the students on the course.



ONE DAY COURSES

PRODUCT KNOWLEDGE AND MANICURE

Come along for an informative day to learn about MAVALA products. Then using your MAVALA knowledge to link sell products to improve and build your profits. The afternoon is devoted to MAVALA's Natural Nail & hand Care System with a practical demonstration and a folder containing details of MAVALA's unique time tailored system of manicure for you to put to practice in your salon. You will have the opportunity to practice this on a client during the afternoon (trained therapists only). French manicure is added into the day so you can improve on this popular technique.

A Certificate of attendance is awarded at the end of the course.



FOOT CARE DAY

Update your Pedicure technique to achieve the best possible results with MAVALA's Foot Care range. The day's course covers product knowledge, link selling and practical demonstrations. There is also the opportunity to practice on a client during the afternoon session (trained therapists only).

A Certificate of attendance is awarded at the end of the course.

ONE DAY COURSES

Hours: 9:30 am – 5:00 pm (lunch will be provided)

A refundable deposit paid in advance is required to secure a place.

All products for use during the day are supplied by MAVALA.



MAVALA COURSE DATES 2019

One Week Manicure Course:

£360 + VAT (Deposit £50)

(includes manicure tray and tabard)

COURSE DATE	EXAM DATE
21 st - 25 th January 2019	11 th February 2019
29 th April - 3 rd May 2019	20 th May 2019
22 nd - 26 th July 2019	12 th August 2019
11 th - 15 th November 2019	2 nd December 2019

Two Day Pedicure Course (qualified manicurists only):

£200 + VAT (Deposit £25)

Includes pedicure kit

COURSE DATE
29 th – 30 th January 2019
8 th – 9 th May 2019
30 th – 31 st July 2019
19 th – 20 th November 2019

Three Day Swiss Skincare Solution Facial Massage Courses: Available on request

£275 + VAT (Deposit £50)

Deposits for courses are non-refundable.

All models will be provided.

All theory and practical work will be carried out during the week with a structured homework and revision programme.

BOOKING FORM

HOME	BUSINESS
NAME:	NAME:
ADDRESS:	ADDRESS:
TEL NO:	TEL NO:

2019 COURSES

Full Manicure Course*	5 days	£360 + VAT	£50 deposit
Pedicure Course	2 days	£200 + VAT	£25 deposit
Swiss Skincare Course	3 days	£275 + VAT	£50 deposit

*MAVALA Manicure Diploma accredited by Guild of Beauty Therapists.
All courses subject to cancellation if under-subscribed. Alternative dates will be offered.

I wish to enrol as a student for course:

Commencing on:

I enclose a deposit of £..... And I agree to pay the remaining balance on or before the start of the course. I Understand that the deposit is not refundable.

Applicant Signature:

Parent/Guardian Signature (if under 18):

**Should you require any further information on any of the above courses,
please contact us at:**

MAVALA (UK) Limited

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Sevenoaks

Kent TN13 2HU

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JENNY WILES F.BABTAC

Principal – MAVALA International Manicure School